**ALL MONTH! PRINCETON GRAD LIFE COMMUNITY COOK BOOK**

Since we've been spending so much time at home, many of us have been getting creative in the kitchen! We are experimenting with new recipes and making tried and true comfort foods that remind us of home. We would love for you to share your favorite recipes with the Graduate School so we can feature your masterpieces in our digital #PrincetonGradLife Community Cookbook! The Cookbook will be designed and sent to the entire Graduate School Community at the end of the September, so please be sure to get your recipes to us by midnight on September 30th so we can feature you! We highly encourage partners, spouses and families of grad students to submit as well. After you submit our form, we would love for you to tag us on social media at #PrincetonGradLife the next time you make your recipe! Submit here: https://forms.gle/cubGfKPxPH38qSmC6 Questions? Email kevinaf@princeton.edu.

**ALL MONTH! VIRTUAL BOOK AND LUNCH CLUB**

Virtual Book and Lunch Club: Self-Compassion: The Proven Power of Being Kind to Yourself by Kristin Neff. Join us for an online book club and lunch during the month of September. Participants will receive a digital or paper copy of Self-Compassion: The Proven Power of Being Kind to Yourself by Kristin Neff via Amazon Prime, compliments of the Graduate School! Attendance is limited, sign up to enter the lottery by filling out the form below: https://forms.gle/b9WEb5sMXzmgLg8. Signup closes on September 1, 5 pm. Those successful in the lottery will receive the book and read at their own accord throughout the month. Participants will be encouraged to connect and share reading experiences with each other throughout the month. On Tuesday, September 29th, we will meet online for lunch from 12-1pm ET to casually discuss our reading experiences with TigerWell Outreach Counselor Sue Kim. Please note, there is no reading requirement nor do you need to finish your books by lunch on the 24th. Lunch costs will be reimbursed by the Graduate School by up to $15. Questions? Email kevinaf@princeton.edu.

**ALL MONTH! SEPTEMBER STEPS CHALLENGE**

September 1-30. Get outside, get some exercise and join us for our Steps Challenge! Download a step-tracking app of your choice and get walking starting on September 1st! On October 1st, send a screenshot of your monthly steps total to kevinaf@princeton.edu. The top three submissions with the most steps will be announced in early October and PRIZES will be sent to you! Questions? Email kevinaf@princeton.edu.

**WEEKLY! #PRINCETONGRADLIFE PHOTO OF THE WEEK**

Join us for “Photo of the Week” on Instagram! Share your beautiful Instagram photography with us by tagging the Graduate School at #PrincetonGradLife and writing “Photo of the Week” in the caption. Every week, we will review the previous week’s photo submissions and select a photo to be featured on our account. The artist who created the photo will receive a prize of their choice, shipped to them through the mail! Questions? Email kevinaf@princeton.edu.

**MULTIPLE DATES–SIGN UP BY 9/1, 5 PM**

Virtual Coffee Connect - Grab some tea or coffee and join us for a fun, relaxing and casual way for students to come together and build community over Zoom. Participants will be reimbursed for $10 worth of food or drinks. Attendance is limited. Those who've signed up will be entered in a lottery for a chance to join in a program. If you've secured a spot, you will be notified and a Zoom link will be sent to you. Questions? Email kevinaf@princeton.edu. Sign up here: https://forms.gle/CSgUhLaete9fcBn9.

**FRIDAY 8 PM VIRTUAL TABOO**

Join us for an online version of this classic word-guessing party game! Race the clock to get your teammates to guess the keyword on your card, without using the related “taboo” words in your clue. Never played? It’s easy to learn and tons of fun! Sign up individually, and we’ll split into teams on the day of. Email Mary at mnaydan@princeton.edu to sign up.

**SATURDAY 1-2 PM BAKING VIRTUALLY: LEMON BLUEBERRY SCONES**

Let’s learn how to make delicious lemon blueberry scones together! A list of ingredients will be emailed in advance, and we will reimburse up to $10 of your costs. Space is limited. Sign up at: https://forms.gle/0PiWjvR2mqNWlwPd9.

---

**SEPTEMBER 2020**

**ALL MONTH! PRINCETON GRAD LIFE COMMUNITY COOK BOOK**

Show and Tell Edition: Join us for an online book club and lunch during the month of September! Participants will receive a digital or paper copy of a book of their choice via Amazon Prime. Book price limit is $20. Books must be Prime eligible. Attendance is limited, sign up here: https://forms.gle/b9WEb5sMXzmgLg8. The signup closes on September 1st at 5:00pm ET. Those successful in the lottery will receive their book and read at their own accord throughout the month. Participants will be encouraged to connect and share reading experiences with each other throughout the month. On Tuesday, September 29th, we will meet online for lunch from 12-1pm ET to casually discuss our reading experiences with TigerWell Outreach Counselor Sue Kim. Please note, there is no reading requirement nor do you need to finish your books by lunch on the 24th. Lunch costs will be reimbursed by the Graduate School by up to $15. Questions? Email kevinaf@princeton.edu.

**ALL MONTH! VIRTUAL BOOK AND LUNCH CLUB**

Virtual Book and Lunch Club: Self-Compassion: The Proven Power of Being Kind to Yourself by Kristin Neff. Join us for an online book club and lunch during the month of September. Participants will receive a digital or paper copy of Self-Compassion: The Proven Power of Being Kind to Yourself by Kristin Neff via Amazon Prime, compliments of the Graduate School! Attendance is limited, sign up to enter the lottery by filling out the form below: https://forms.gle/b9WEb5sMXzmgLg8. Signup closes on September 1, 5 pm. Those successful in the lottery will receive the book and read at their own accord throughout the month. Participants will be encouraged to connect and share reading experiences with each other throughout the month. On Tuesday, September 29th, we will meet online for lunch from 12-1pm ET to casually discuss our reading experiences with TigerWell Outreach Counselor Sue Kim. Please note, there is no reading requirement nor do you need to finish your books by lunch on the 24th. Lunch costs will be reimbursed by the Graduate School by up to $15. Questions? Email kevinaf@princeton.edu.

**ALL MONTH! SEPTEMBER STEPS CHALLENGE**

September 1-30. Get outside, get some exercise and join us for our Steps Challenge! Download a step-tracking app of your choice and get walking starting on September 1st! On October 1st, send a screenshot of your monthly steps total to kevinaf@princeton.edu. The top three submissions with the most steps will be announced in early October and PRIZES will be sent to you! Questions? Email kevinaf@princeton.edu.

Please note: all times are Eastern Daylight Time. Space is limited for all events, sign up early! All events are sponsored by the Graduate School.
2020

SEPTEMBER

06  SUNDAY 6 PM
SECRET LIFE OF PETS: PRINCETON UNIVERSITY
Join us for an online version of this classic word-guessing party game! Race the clock to get your teammates to guess the keyword on your card, without using the related “taboo” words in your clue. Never played? It’s easy to learn and tons of fun! Sign up individually, and we’ll split into teams on the day of. Space is limited. Email Mary at mnaydan@princeton.edu to sign up.

06  SUNDAY 7-7:30 PM
MINDFUL YOGA WITH PURPLMOON
Join us for an online version of this classic word-guessing party game! Race the clock to get your teammates to guess the keyword on your card, without using the related “taboo” words in your clue. Never played? It’s easy to learn and tons of fun! Email Mary at mnaydan@princeton.edu to sign up.

12  SATURDAY 10 AM
FRENCH TOAST & FRIENDS
Enjoy a delicious breakfast with your fellow grad students! We’ll follow some simple steps for making French toast. Participants will be reimbursed up to $10 for ingredients. Sign up at https://forms.gle/JPeuek5cDWkC777y8. Questions? Contact aseff@princeton.edu.

13  SUNDAY 10-11 AM
VIRTUAL COFFEE CONNECT
Sign up for a chance to join Coffee Connect. Since we cannot bring you treats, we will instead reimburse you (limit $10) for coffee, tea and/or food. Space is limited. Sign up here: https://forms.gle/cQAuKaP5DtY53cd7.

17  THURSDAY 7 PM
DINE & DECEIVE
Join in for some fun rounds of Avalon, the classic game of deduction and deception. Never played before? It’s easy to learn! Attendees will be reimbursed up to $15 for takeout from any restaurant of their choosing. Sign up at https://forms.gle/GJYh988w9TYpYVRh9. Questions? Contact aseff@princeton.edu.

17  THURSDAY 8 PM
KNITTING CIRCLE
Come unwind from the week by knitting or crocheting as a group over Zoom! Bring a project you’re working on, or come prepared to learn the (very) basics. All fiber arts enthusiasts welcome. Supplies will be reimbursed up to $12. Email Mary at mnaydan@princeton.edu to sign up.

18  FRIDAY 3:45 PM
BLACK FEMINISM(S) READING GROUP - AUTHOR CHAT
Join us for the first meeting of “Black Feminism(s): Theory, Praxis, and Poetics.” This virtual reading group, convened by Mimi Borders (cborders@princeton.edu), explores the changing terrain of Black feminist thought through poetry, theory, history, and current activism. This month we’ll be joined by Professor Jessica Marie Johnson, historian and author of Wicked Flesh: Black Women, Intimacy, & Freedom in the Atlantic World. 15 registrants will be randomly selected for $10 off food delivery of their choice. To RSVP email shelbys@princeton.edu.

19  SATURDAY 10-11 AM
VIRTUAL COFFEE CONNECT
Sign up for a chance to join Coffee Connect. Since we cannot bring you treats, we will instead reimburse you (limit $7) for coffee, tea and/or food. Space is limited. Sign up here: https://forms.gle/chp6DiKisZ18s2x9m9.

23  WEDNESDAY 7:30 PM
PICTIONARY & PIZZA
Join us for an online version of this classic word-guessing party game! Race the clock to get your teammates to guess the keyword on your card, without using the related “taboo” words in your clue. Never played? It’s easy to learn and tons of fun! Sign up individually, and we’ll split into teams on the day of. Space is limited. Email Mary at mnaydan@princeton.edu to sign up.

Please note: all times are Eastern Daylight Time. Space is limited for all events, sign up early! All events are sponsored by the Graduate School.

24  THURSDAY 12:1 PM
TED TALKS AND TEA
Be an Artist, Right Now! with Young-ha Kim. Join us for a fun and simple TED Talk and discussion regarding creativity and the power of art in everyday life over Zoom! All attendees will be reimbursed for up to $10 worth of drinks or food for this event. Sign up here by September 15, 5 pm: https://forms.gle/oMYaFLP98rgudnyN6.

24  THURSDAY 4:30-5:30 PM
EXPLORING LOCAL TRAILS – A CONVERSATION
Are you new to Princeton? Or looking for new places to get outside? Join fellow grad students for an informal conversation about trails and other outdoor spaces in and around Princeton. To RSVP and receive a Zoom invite, email Thomas athomasaw@princeton.edu from your Princeton email.

25  FRIDAY 4:5-5:30 PM
ERGONOMIC HOME OFFICES 101
Typically, there’s nothing wrong with the basic home office set up, but now that many of us are spending most of our waking hours working from home, you may want to consider making that home office a more comfortable and sustainable work space. Join us for a discussion on ergonomic home office spaces with Kelly M. States from Environmental Health and Safety with tips and tricks for cost effective ways to improve your home office set ups. Two participants will be entered into a lottery for a $50 reimbursement towards a new office chair, desk, or laptop stand. Sign up here: https://forms.gle/NaRZFPl0Pd8Tis36fj9 by Thursday September 24th. For questions - likonken@princeton.edu.

30  WEDNESDAY 8 PM
VIRTUAL BAKING - DONUT MUFFINS
What do you get when you combine donuts and muffins? A delicious, visually appealing, and healthier treat! The ingredients will be emailed to you, and your cost will be reimbursed up to $10. Sign up here by 9/27: https://forms.gle/sGDhblPWy8cKeaXeA.