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ARE YOU EXPECTING A CHILD?



A Resource for Graduate Students Expecting a Child



THE GRADUATE SCHOOL
PRINCETON UNIVERSITY

Graduate Student Organization Tigers with Cubs

Tigers with Cubs is a student organization for Princeton graduate students and postdocs with or expecting children. The group hosts events for families, hosts a website and listserv for graduate students and postdocs with children to connect with one another and to share resources www.princeton.edu/~tigerswc/.

All of the enclosed family focused resources can also be found on the Graduate School website at: <https://gradschool.princeton.edu/life-princeton/support-resources/family-focused-initiatives>.



Office of the Dean of the Graduate School
Student Life
Clio Hall
(609)-258-3028
gradschool.princeton.edu/life-princeton



How we can help

The Graduate School has a continuum of programs and policies in place to ensure that graduate degree candidates can meet the needs and demands of personal and family life while successfully pursuing their academic programs. Our family focused initiatives include:

Childbirth and Adoption Accommodation

Through the Childbirth and Adoption Accommodation Policy, enrolled graduate degree candidates in good academic standing who become parents during their regular period of enrollment or during DCE status a period of accommodation during which teaching and academic obligations are suspended. The policy provides for three separate accommodations: 1) a 12-week suspension of academic work 2) an additional term of enrollment and 3) an additional term of financial support. More information and eligibility requirements can be found on our website at: <http://gradschool.princeton.edu/policies/child-birth-and-adoption-accommodation>.

Graduate Child Assistance Program

This program provides taxable grants, based on total, annual household income, to eligible graduate degree candidates with children under the age of 6 (for single parents, age limit is raised to 12). Eligible expenses include child care, housing, dependent health care premiums. More information, including additional details about the eligibility criteria, is available on our webpage at <https://gradschool.princeton.edu/costs-funding/sources-funding/loans-and-assistance/gcap>.

University-affiliated Child Care Centers

There are two University-affiliated childcare centers. Both are accredited by the National Association for the Education of Young Children (NAEYC), which is generally acknowledged to be the most rigorous of the national accrediting agencies for childcare centers.

The University-NOW Day Nursery is a not-for-profit childcare facility located at 185 Broadmead on the Princeton campus. U-NOW provides a full-day program for children ages 12 weeks until kindergarten. The children of University faculty, staff, and students have priority for admission.

The University League Nursery School is a not-for-profit childcare facility located at 457 Nassau Street, Princeton, NJ 08540. ULNS provides half-day and full-day programs for children ages 2.5 years until kindergarten. The children of University faculty, staff, and students have priority for admission. More information is available on the Human Resources website at: <http://www.princeton.edu/hr/benefits/worklife/child/>.

Access to Carebridge

Princeton University has contracted with the Carebridge Corporation to provide confidential assistance to graduate students for managing work, personal or family issues at no charge. If you are in need of a complete list of accredited/registered child care providers in your area, please visit the Carebridge website at <http://www.myliferesource.com/mlro/LogonEx.aspx> and enter the Princeton access code of TW8AE. Then go to Data Base Directory and select "Find Child Care" located toward the bottom right of your screen. You can also call a Carebridge child care specialist at (800) 437-0911 who can develop a personalized referral and verify current rates, hours and other information you may need.

Backup Care Advantage Program

Princeton University has partnered with Bright Horizons to provide you with backup care when you experience temporary disruptions in your child, adult, or elder caregiving arrangements that would otherwise prevent you from fulfilling work or study obligations. As a graduate degree candidate, you have 100 hours of care available for each calendar year. More information is available on the Human Resources website: <http://www.princeton.edu/hr/benefits/worklife/backup/>.

Child Care Centers with Discounts for University Faculty, Staff, and Students

There are a number of local child care centers that offer discounts for University faculty, staff, and students. To view the complete list, visit the Human Resources website: <http://www.princeton.edu/hr/benefits/worklife/child/>.